

# What would you do without your LIHEAP grant?

Energy costs are high and LIHEAP funds are limited. Unless you reduce the amount of energy you use, there may not be enough money to help you and your neighbors to stay warm this winter.

## STRETCH YOUR LIHEAP GRANT!!!

Follow these simple tips to save HUNDREDS of DOLLARS on heating costs this winter.



### **DON'T TOUCH THAT DIAL!!!**

Keep your thermostat set at 68 degrees during the day when you are at home.

### **DON'T HEAT AN EMPTY HOUSE!!!**

When no one is home keep your thermostat set at 55 degrees.

### **TURN IT DOWN!!!**

Lower your thermostat to 55-60 degrees when you go to sleep at night.



### **GET FREE HEAT!!!**

On sunny days, "let the sun shine in." Pull up the blinds or open the curtains on the sunny side of the house.

### **DODGE THE DRAFT!!!**

Make sure all of your windows and doors are tightly closed. Use fabric draft stoppers to keep out the cold air.



### **BUNDLE UP!!!**

Dress warm, wear thicker or knitted clothing, put a sweater over your shirt, wear a turtleneck, wear comfortable sweats around the house.

### **IT'S A WRAP!!!**

Your body gives off heat. Wrap up in a blanket while watching TV or reading.



**pennsylvania**

DEPARTMENT OF PUBLIC WELFARE

For more information on saving energy dollars visit [www.staywarmpa.com](http://www.staywarmpa.com)